

## 2020-21 FALL-WINTER MENU – WEEK 1

SUNDAY	"MEATLESS" MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>-Breakfast-</b>	<b>-Breakfast-</b>	<b>-Breakfast-</b>	<b>-Breakfast-</b>	<b>-Breakfast-</b>	<b>-Breakfast-</b>	<b>-Breakfast-</b>
Cold Cereal Oatmeal & Grits <b>Eggs Benedict</b> <b>Bagels &amp; Lox</b> Hash Browns Bacon, Canadian Bacon Assorted Pastries Peach Slices	Cold Cereal Oatmeal & Cream of Wheat <b>Blueberry Pancakes</b> Breakfast Potatoes Turkey Bacon, Chicken Apple Sausage Assorted Pastries Orange Segments	Cold Cereal Oatmeal & Sunrise Blend <b>Corned Beef Hash</b> Tater Tots Bacon, Sausage Patty Assorted Pastries Melon	Cold Cereal Oatmeal & Grits <b>Huevos Rancheros with Tortillas and Salsa</b> Hash Brown Patty Bacon, Canadian Bacon Biscuits + Assorted Pastries Pears	Cold Cereal Oatmeal & Cream of Wheat <b>Crepes with Fruit Compote</b> O'Brien Potatoes Bacon, Grilled Ham Assorted Pastries Berries	Cold Cereal Oatmeal & Sunrise Blend <b>Quiche Lorraine</b> Hash Brown Bacon, Sausage Patty Assorted Pastries Orange Segments	Cold Cereal Oatmeal & Cream of Wheat <b>**Live Waffle Station**</b> Potato Wedges Bacon, Sausage Links Assorted Pastries Banana
<b>- Noon Meal -</b>	<b>- Lunch -</b>	<b>- Lunch -</b>	<b>- Lunch -</b>	<b>- Lunch -</b>	<b>- Lunch -</b>	<b>- Lunch -</b>
Split Pea Soup Romaine, Sieved Egg, Blue Cheese Salad Baked Ham with Honey-Orange-Ginger Glaze Linguine with Clams and Mussels Roasted Sweet Potato Edamame with Red Bell Peppers Dessert of the Day NSA Option	Vegetable and Wild Rice Soup Breaded Chicken, Butter Pickles, and Wasabi Aioli Sliders on Toasted Brioche (2) Tofu Pad Thai Roasted Zucchini Five Spice Dusted French Fries Coconut Cream Pie NSA Option	Mexican Style Beef and Vegetable Soup <b>**Pop Up**</b> Carnitas with Tortillas Refried Beans Steamed Chayote Squash Mexican Wedding Cookies NSA Option	Pumpkin, Coconut Milk and Yogurt Soup Beef Cabbage Rolls Chicken Tikka Masala Steamed Basmati Rice Sautéed Spinach Tapioca Pudding NSA Option	Minestrone Soup Black Forest Ham, Peppadew Peppers, Caramelized Onion, Provolone Cheese, Grain Mustard on Toasted 9-Grain Bread Roasted Vegetables and Shallot Griddle Cake with Olive Tapenade Braised Red Cabbage House Made Potato Chips <b>**Exhibition Dessert Station**</b>	New England Clam Chowder Turkey Waldorf Salad Assorted Pizzas Braised Kale Chocolate Brownie NSA Option	Turkey Green Pozole Soup Three Bean Chili Pork Tamales with Tomatillo Salsa Steamed Brown Rice Grilled Vegetables Assorted Cookies NSA Option
<b>- Dinner -</b>	<b>- Dinner -</b>	<b>- Dinner -</b>	<b>- Dinner -</b>	<b>- Dinner -</b>	<b>- Dinner -</b>	<b>- Dinner -</b>
Beef Barley & Vegetable Soup Salad of the Day <b>COVIA SFT</b> - Signature BBQ Pork Ribs Curried Sweet Potato Pancake with Yogurt and Scallions Whole Roasted Turkey with Sage Gravy Roasted Carrots Green Beans with Caramelized Onions Cornbread Stuffing Assorted Breads Dessert of the Day	Potato and Leek Soup Kale Salad with Cranberries and Candied Pecans Butternut Squash Ravioli with Brown Butter, Sage and Toasted Pumpkin Seeds (VEG) Chicken Marsala <b>**Catch of the Day**</b> Roasted Fennel Mascarpone Cheese Polenta Roasted Turnips Steamed Broccoli Rosemary Focaccia Coffee Cake NSA Option	Carrot, Ginger and Apple Soup Greek Salad Seared Sablefish with Plum Sauce Duck Leg Braised with Port and Currants <b>"What's Fresh"</b> Pearl Couscous with Parsley and EVOO Gratin Tomatoes Honey-Mustard Steamed Brussel Sprouts Artisan Dinner Roll New York Style Cheese Cake NSA Option	Crab and Red Bell Pepper Bisque Caesar Salad Roast Beef Tenderloin with Onion-Bacon Jam Seared Salmon with Gribiche (pickle, herb, egg sauce) Chive Mashed Potatoes Buttered Spaghetti Squash Steamed Green Beans Lavash Crackers Seasonal Crisp NSA Option	Hot and Sour Soup Asian Pear, Mixed Greens and Blue Cheese Salad Kalbi Chicken Leg Korean Style Short Ribs Walnut Shrimp Stir Fry Pineapple Fried Brown Rice Sugar Snap Peas Carrots with Miso and Green Onions Hawaiian Dinner Rolls Coconut Crème Caramel (Housemade) NSA Option	Manhattan Clam Chowder Israeli Chopped Salad Cavatappi Fagioli Roasted Lamb Sirloin Chermoula <b>**Catch of the Day**</b> Triple Mushroom Brown Rice Risotto Steamed Yellow Squash Toasted Garlic Broccoli Baguette Carrot Cake NSA Option	Mulligatawny Soup Mixed Greens with Apples, Golden Raisins and Candied Walnuts Veal Saltimbocca Sole Almandine Falafel with Tzatziki Sauce Roasted Fingerling Potatoes with Garlic and Rosemary Roasted Cauliflower Steamed Gold Beets Asiago Bread Pumpkin Pie NSA Option