

St. Paul's Towers

Lunch and Dinner - Always Available Menu

Starters

Caesar Salad

Croutons and Parmesan

Chopped Vegetable Salad

*Romaine, Tomatoes and
Seasonal Vegetables*

Spinach Salad

Red Onions & Balsamic Dressing

House Prepared Consommés

Beef, Chicken, or Vegetable

The Main Event

Grilled Cheese Sandwich

*Cheddar or Swiss,
Choice of Bread and French Fries*

Angus Beef, Turkey,
or Beyond Burger

*Lettuce, Tomato, Onion, Pickles,
and French Fries*

Grilled Chicken Breast

Fish of Day w/ Lemon Wedge

Cottage Cheese & Fruit Plate

Fresh Daily: Medium or Large

Pasta du Jour

Pesto, Marinara or Alfredo

Omelet du Jour

-Plain or with Cheese-

*Also Spinach, Mushrooms, Red Onion,
Tomato, Ham and Bacon (Eggbeater or
Egg White Omelet is Available)*

Green Bean & Tofu Stir Fry

*Ginger, Garlic, Sesame Oil
and Green Onions*

Others:

Steamed Rice, Steamed Brown

Rice, Steamed Spinach,

Broccoli or Green Beans

Baked Potato or Roasted Yam

(Available at dinner only)

Beverages

Wines, Champagne,

Beers & Sodas

(ask your server for offerings and pricings)

Chilled Juices

Apple, Cranberry, Grapefruit,
Orange, Prune, Tomato & V8

“Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.”

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